

Coping when Caring for Adults with Chronic or Serious Illnesses

Tuesday, June 14th, 6-7pm PDT

Presenter: Ranak Trivedi, PhD, Assistant Professor of Psychiatry and Behavioral Sciences, Director of Caregiving and Family Systems at the Stanford Center for Asian Health Research and Education (CARE)

Ranak Trivedi, PhD, will describe the joy and the stress of caring for someone with a chronic and serious illness, and strategies to increase the joy while lowering the stress.

[Learn more and register.](#)



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